



FALL 2021

Seasons of Faith

Lifelong, Intergenerational Faith Exploration

www.holyspiritchurcheg.weebly.com

Adult and Teen Courses:

Bringing Faith to Life

Seasons of Faith is lifelong intergenerational faith exploration for our entire parish family.

Registration Information:

Online registration at: www.holyspiritchurcheg.weebly.com

Email: Laura Countryman at faithformation@hsceg.org

Prior registration is required for all virtual options. Each course will have it's own zoom code.

Fall Fee Schedule:

- \$5 per person
- \$20 maximum/family.

Payment Options:

- E-giving (faithformation)
- Check (please put in a separate envelope marked Seasons of Faith).
- If you wish to use e-giving with a credit card instead of your checking account, please adjust the amount to \$6 per person.

Parents and Guardians:
Please see the other side for family information.

Church of the Holy Spirit
667 Columbia Turnpike
East Greenbush, NY 12061
518-477-7925

Join us for these great opportunities to grow your faith. Choose from any of our courses:

Open Wide our Hearts—We continue our conversation on the USCCB's document on racism and how we are called as Catholics to respond. This season we will have in person and virtual options. Join us from the comfort of your home or in person.

- Tuesday 9/21 @ 6:30pm—Parish Office OR Wednesday 9/22 @ 6:30 pm—virtual
- Tuesday 11/2 @ 6:30pm—Parish Office OR Wednesday 11/3 @ 6:30 pm—virtual
- Tuesday 11/30 @ 6:30pm—Parish Office OR Wednesday 12/1 @ 6:30pm—virtual

Reflect and Renew—Our mini retreats are designed to reflect on our faith and renew our soul. Reflect and Renew retreats will take place in the church.

- Thursday 10/21 @ 6:30 pm — Parish: a family of families
- Sunday 11/28 @ 3:00pm —St. Joseph and Advent; a season of waiting

Simply Scripture—Reflecting on the readings before Sunday's liturgy. This season we will have in person and virtual options. Join us from the comfort of your home or in person.

- 25th Sun. in OT: Thurs. 9/16 @ 6:30 pm (virtual) OR Sun. 9/19 @ 9:30am (Parish Office)
- 26th Sun. in OT: Thurs. 9/23 @ 6:30 pm (virtual) OR Sun. 9/26 @ 9:30 am (Parish Office)
- 29th/30th Sun. in OT: Thurs. 10/14 @ 6:30 pm (virtual) OR Sun.10/24 @ 9:30 am (Parish Office)
- 32nd Sun. in OT: Thurs.11/4 @ 6:30 pm (virtual) OR Sun. 11/7 @ 9:30 am (Parish Office)
- 33rd Sun. in OT: Thurs. 11/11 @ 6:30 pm (virtual) OR Sun.11/14 @ 9:30 am (Parish Office)
- 2nd Sun. of Advent: Thursday 12/2 @ 6:30pm (virtual) OR Sun. 12/5 @ 9:30 am (Parish Office)

Walking with the Spirit— Exploring what it means to be family and parish family as well as how as Catholics we are called to community. This season we will have in person and virtual options. Join us from the comfort of your home or in person. Choose the option that works best for you!

Year of the family, and the year of St. Joseph. What does it mean to be family?

- Sunday 10/17 @ 6:30 pm—Virtual
- Monday 10/18 @ 6:30 pm—Church

Catholic Social Teaching—the call to family, community and participation

- Sunday 11/21 @ 6:30pm—Virtual
- Monday 11/22 @ 6:30pm—Church

Words of Wisdom Book Group— We continue our conversation on *Fratelli Tutti* and begin a new book. This season we will have in person and virtual options. Join us from the comfort of your home or in person. Choose the option that works best for you!

Chapter 7 of *Fratelli Tutti*: Paths to Renewed Encounter

- Tuesday, 9/7 @ 6:30pm—Parish Office
- Wednesday 9/8 @ 6:30pm—Virtual

Chapter 8 of *Fratelli Tutti*: Religions at the Service of Fraternity in Our World

- Tuesday 10/26 @ 6:30 pm—Parish Office
- Wednesday 10/27 @ 6:30 pm—Virtual

New book to begin! Contact us with any suggestions.

- Tuesday 11/16 @ 6:30 pm—Parish Office
- Wednesday 11/17 @ 6:30 pm—Virtual

Parent/Guardian Information

Seasons of Faith—Fall 2021

Parents and Guardians:

The family is the most basic foundation of the church. Seasons of Faith is our lifelong, intergenerational faith exploration process for families. As parents and guardians, you are the most important influence on your child's faith. We are here to partner with you on this faith journey. Families are pulled in many different directions, so we have designed Seasons of Faith for families to attend together.

For families with younger children, we recommend the Church Life courses. As your children get older, you can begin to choose from any of our other Seasons of Faith course offerings. If your family has a wider age range, we would be happy to work with you to come up with a plan that best fits your family situation. We recommend that your family begin Seasons of Faith by age five and continue throughout their childhood and adolescence. Families that explore faith together experience many benefits. Therefore, for all Seasons of Faith and sacramental discernment events, either in person or virtual, it is vital that they are attended by parents and guardians along with their children.

I look forward to accompanying your family on your faith journey at Holy Spirit. If you have any questions, please contact me at faithformation@hsceg.org.

Peace be with you,
Laura Countryman
Pastoral Associate for Lifelong Faith

Church Life. These courses are designed for young families. We explore lives of the saints, the feasts and seasons of the liturgical year, prayer, and other aspects of church life. Family Night is a virtual gathering where each family has the opportunity to share their projects. Each course will have a virtual (from the comfort of home) and in person option. Choose the option that works best for your family.

- The year of the family: 9/26 @ 3pm (church) or 9/26 @ 6:30pm (virtual) or 9/27 @ 6:30 (virtual)
 - Family Night: 10/24 @ 3pm (virtual)
- Parables and Pajamas—story time: 11/14 @ 3pm (church) or 11/14 @ 6:30pm (virtual) or 11/15 @ 6:30pm (virtual)
 - Family Night: Sunday 12/12 @ 6:30 pm (virtual)

Sacramental Discernment is an important time in your family's faith journey.
We look forward to walking with your family during this process.

Confirmation Discernment: begins during the Summer Season with a fall celebration of Sacrament of Confirmation.

Pre-requisites:

- Nine - Walking with the Spirit courses
- Two - Reflect and Renew courses
- Three - Simply Scripture courses
- One - other course or independent study
- Five - Youth council gatherings

Requirements: Candidates must be at least in 10th grade

“discernment is a decision-making process that honors the place of God's will in our lives.”

Joe Paprocki for Loyola Press. <https://www.loyolapress.com/catholic-resources/ignatian-spirituality/discernment/discernment-making-inspired-choices/>

- Am I ready?
- Is this the right time?
- Is our family ready?

Reconciliation and Eucharist Discernment begins during the Fall Season.

Pre-requisites: nine prior Church Life courses

Requirements: Candidates must be at least seven years of age by November 1st.

Family Mass—Attending Mass together as a family is the most important thing you can do to pass on the faith. Once a month we will have a Family Mass at the 11am Sunday Liturgy, with families assuming the ministry duties. We look forward to having your family participate!

Family Mass dates: 9/19, 10/24, 11/14, 12/5

Projects are required each season for all 5-18 year olds. Church Life participants will have their projects as a part of each course. Other children and teens will have their project due by December 1st. The project information will be found on our website:

<https://holyspiritchurcheg.weebly.com/>

Circle of Grace is the diocesan safe environment requirement for all school aged children who are participating in Seasons of Faith. Circle of Grace will be virtual this year due to the ongoing pandemic.

Grades K-5: Sun. 12/5 @ 3pm.

Grades 6-8: Mon. 12/6 @ 6:30pm.

Grades 9-12: Mon. 11/29 @ 6:30pm.

Youth Council is open to all 12-18 year olds. We will gather in the church. This is an opportunity for our teens to gather as a peer group.

- Sunday 10/24 @ 6:30pm (church)
- Sunday 11/28 @ 6:30pm (church)



Once candidates have completed the pre-requisites and met the requirements, the discernment process can begin for Reconciliation, Eucharist or Confirmation. This will include retreats, family work at home and virtual gatherings.

Contact Laura Countryman at faithformation@hsceg.org to begin the process.